



The Great Wealth Pandemic
**A Cure for Poverty, Limitation and Lack.
The Dis-eases of the mind.**

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Introduction

First of all I would like to welcome you to a wonderfully grand experience that you are about to embark on. If you are reading this and have happened to receive this from a friend or a stranger or come upon it by chance, I want you to know that no matter what the case, or what state your life is in, you have attracted this experience into your life. It is meant to be.

This book may be exactly what you were looking for or it may be something you didn't even know you were looking for; regardless of the circumstances, I am greatly honored and grateful to share this experience with you as are the countless others before you that have also shared this experience. I have designed this book to be more than just a book. I have woven many powerful thoughts, feelings and actions into these words. I speak from my heart of hearts and the hearts of many. While you read these words, you are in great company.

In essence I have woven a part of myself into this book. As each person reads this book, they weave their own thoughts, feelings and actions into this experience. It then becomes more than a mere book; it becomes greater than just words; it becomes a living collective of experiences and now it is *our* book, *our* story, if you will. Soon *our* book will be your book and you will join the countless others before you that have made this book into a collective experience and that is called.... A Pandemic!

pan•dem•ic (adj.)

- 1.** Widespread; general.
- 2.** Medicine. Epidemic over a wide geographic area and affecting a large proportion of the population

Our goal is to provide you with vital powerful information – information that could be called a tonic or a cure, but the cure is more of an infection. Instead of getting sick, weak, unhappy, broke, depressed, etc. you will be infected with Health, Vitality, Strength, Power, Well-Being, Happiness, Abundance and Great Wealth. Once infected there is no cure. There is no going back. This infection could very well be a cure for all that ails you, but it's a decision that does not come lightly.

Would you willingly infect yourself with something that there is no cure for?

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Would you do it if your life depended on it? You cannot make this choice lightly, because once you are infected your life will never ever be the same as it was. There is no looking back. There will be no apologies and no one to hold responsible but you. It is your choice to be infected with this tonic, this cure.

The good news is, I have gone before you and countless others have been infected and are living very happy full wealthy lives. So are you going to take the plunge? Do you have the courage, the sense of adventure to try some radically new approach to something that has been known for countless generations?

Are you really ready? Are you ready to be wealthy, to have, be, and do anything you desire at any moment? Are you truly ready to accept yourself as being wealthy? If you are ready to BE wealthy now, read on. Be absolutely sure that you are ready, because after you read this book there is no turning back; you will become infected, and you will become wealthy. It is law.

I would like you to open your mind and allow this information to sink in by suspending any judgments or preconceived beliefs. Catch yourself as you feel the need to correct misspellings or grammatical errors. Just allow yourself to take in the information in what ever form it presents itself. The need to correct and argue points of perception are the things that keep you from fully experiencing the wonderful moment of right now.

Please commit yourself to keeping an open mind throughout this journey.

I look forward to *you* enjoying this wonderful journey.

You have made your decision. There is no going back, because from this moment on ...being wealthy will be the only way.

There is an abundance of everything, shortage is only a perception.

Yours Truly,

Mr. Jody L. Sachse and The Collective Experience
Founder of Harmonic Ascension LLC
www.harmonicascension.com

Chapter 1 – Immediate Action

Your first Action to become

First thing to do is to insure your success at becoming wealthy, I want you to make up your mind right here and now that you are going to be wealthy. I know I covered this in my introduction but repetition is the key. Begin to see being wealthy as the only way. There is no other option. You ARE wealthy; live it now. See yourself as wealthy now and growing wealthier everyday, There is no other way. Commit to it with your entire being by saying it out loud: "**I AM WEALTHY there is no other way**".

Do you feel the infection taking hold?

Take action to become wealthy right now. Take the first step that guarantees that you are becoming wealthy. By taking this one simple step, you are taking action to be wealthy. You are going to take action which signs the contract with yourself and the universe that says you are ready and that you will accept nothing less than absolute abundance.

To take this small step of action, right now, I want you to imagine a life of abundance where you do not lack in any area; if you desire it you have it. Imagine it right now. Feel it! Really get into the feeling of how joyful it is to live a life of complete abundance and feel how thankful you are to have anything you desire in this moment. Be grateful right now because you are about to take focused action that will insure your success.

1. **Mindset** – Focus on Gratitude
2. **Action** – Give
3. **Relax** – Let go and allow

Hold the thought of absolute abundance and that feeling of gratitude while you give this book to one person. Go ahead, it's an e-book. All you have to do is email it, print it out, make copies or whatever you have to do, just do it. It's not like I am asking you to dig a ditch, right? Not really too much physical labor involved. It doesn't matter who you give it to, just give it away to someone, anyone, do it now.

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Please take this simple step. Take this small step and give this book to someone right now. Act on faith and on trust, while you hold onto the thought and feeling of complete abundance and gratitude. Most likely someone gave you this book and they took action. Take the first step to living a richer more prosperous, healthier and fuller life. I will explain why taking this action is of utmost importance to guarantee your wealth, right after you take action and give this book away with gratitude.

Did you do it? Did you take the action that will change your life right now? If you did then I would like to congratulate you on becoming wealthier. You have taken the first step, and you have continued the infection of true wealth. You have made the commitment, the binding contract; that will insure you are well on your way and will in fact be wealthy.

By taking action and giving this book away you have just exercised several universal laws. The law of reciprocation, the law of reciprocity, the law of attraction, the law of abundance, the law of action, the law of cause and effect, the law of karma, and the powerful force of gratitude, just to name a few.

(If you would like to know more about the universal laws you can do so later on in this book, but for now you only need to know that they consistently and constantly work, in every moment)

You get what you give and you just gave someone the keys to great and true wealth, a cure to poverty, lack and hopelessness and the dis-eases of the mind. Rest assured, that after having read this book and following the simple instructions, they will become wealthier just as you will soon become wealthier.

You have taken action with focused thought, intent, desire, emotion, gratitude, trust, faith, determination, commitment and exercised all the forces needed to bring you that which you desire; to be wealthy! There is no turning back, because you are infected. There is no other option, and you are becoming wealthier with each passing second from this moment on. Expectantly await good things to start flowing into your life starting now.

Prepare Yourself, Open your Mind, and Open your life to abundance!

“What lies behind us and what lies before us are tiny matters, compared to what lies within us.” – *Oliver Wendell Holmes*

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You are about to do a very powerful visualization exercise, so I ask you once again to suspend any limiting beliefs for just a few moments and do this exercise.

Take a few deep breaths, relax and continue...

Let go of any inhibitions or beliefs and begin to enjoy your new wealth with unbridled passion. Take a moment to enjoy all the wealth you are about to receive. Go ahead enjoy yourself and your new found wealth. What would you be doing right now? Where would you go? What would you get yourself? What is it that you would be doing today if money was no object?



Really go all out, spend about a few minutes visualizing all you could be, do and have. Go ahead; I will still be here when you get back. Take your time and enjoy it!

Now imagine if you had already bought everything you desired, visited all the places you wanted to go, and did everything that you have ever wanted to do. What would you desire if all your basic needs were met and you had already lived all your dream desires?

Go ahead stretch that brain of yours. If you already had experienced everything you desired, what would you desire next?

That's a tough one huh? But think about it. If you were already wealthy, had done it all, and there was nothing you couldn't be, do, or have, what would be next?

We will ask this question again at the end of this book and you should be able to answer it with confidence and certainty.

Enjoy the Journey

Learn to enjoy the journey to living the life of your dreams. It was my dream and desire after becoming wealthy to spread a cure and to do it as quickly as possible, because everyone's lives depend on it; our lives depend on it. By spreading a cure to poverty, lack, limitation the dis-eases of the mind, we are insuring our survival and our children's survival and by doing that, you and I are making the world a better, more joyful, more prosperous, healthy, abundant place to live for all of us.

Thank you for taking action (you did take action, right?) and making the commitment to becoming infected with this process, to become wealthy and live a fuller more prosperous and abundant life. You are in fact making the world a better place by becoming wealthy. It serves no one to live a life of lack and poverty. By becoming wealthy you are in fact helping to be part of the cure to end all poverty.

You are wealthy now

There are a few simple basic laws that govern how much wealth you have in your life at this moment and they will be explained in simple easy to understand terms that you can put into practice today. You will realize instant results. Your life will become whatever you want it to be. By making the commitment and taking that first action: holding the thought and feeling of abundance and gratitude you put a super turbo-charged, positively energized, force into motion and every cause has an effect. It is law.

Everything you do from this point on will attract more abundance into your life, with minimal effort. Your success is assured; in fact it would actually take more effort on your part to fail. So relax and start to enjoy the changes taking place in your life (Look for them as they will be everywhere!).

Everything will start to happen rather quickly, and sometimes it may seem to fast and other times not fast enough, but it's all up to you and how much you relax into your new lifestyle of being wealthy, living a life of complete abundance. The more you relax and allow positive things into your life the faster it will be, and soon you will be looking back as if it was just yesterday where you were living a life of poverty, lack, dis-ease and despair. Start to enjoy your journey to great wealth starting now and remember to expectantly and effortlessly receive and allow wealth into your life.

Wealth, What is it?

Since you are well on your way to living a life of great wealth it seems only fair that I give you the proper description of being truly wealthy.

Wealth, what is it? Is it that ever-elusive unattainable goal that only the lucky ones know the secret? Not anymore! You are already wealthy as you will soon see. First of all, what does wealth mean to you? Money? Material things? Power? What could wealth bring you that you don't have right now? What are your current beliefs about wealth?

By dictionary definition wealth means:

Wealth

1. An abundance of valuable material possessions or resources; riches.
2. The state of being rich; affluence.
3. All goods and resources having value in terms of exchange or use.
4. great amount; a profusion: a wealth of advice.

wealthy

1. Having wealth; rich.
2. Marked by abundance: a wealthy land.
3. Well supplied: wealthy in compassion.

So from that we can derive that wealth is basically abundance, and abundance is the opposite of lack.

A popular misconception of being wealthy is being financially rich and that is only part of being truly wealthy.

You may be rich, but if you lack health to enjoy being rich, then you are merely financially prosperous, not truly wealthy in all areas of your life, and the cure is to be wealthy in all areas of your life.

You must accept abundance in all areas of your life. You do in fact need to be financially prosperous to enjoy life to its fullest: to have, be and do the things you desire; but that is just one part of the entire equation. Financial prosperity will come naturally and easily. (**The hardest part is getting out of your own way.**)

Wealth is about Freedom

Wealth is about abundance and freedom. Freedom to do what you want, when you want. Where *your time is your time* and abundance is having all that you desire without limitation.

Wealth = Life without Limits

I want to take a few minutes to cover *time* as it is our most valuable asset and has everything to do with being truly wealthy.

Time One of Our Most Valuable Assets

Since time is one of our most valuable assets I am going to cover some major concepts in a very short amount of time. I want you to be able to put into practice – practical techniques for a truly wealthier life starting today.

Time is basically a measurement of experience in the now, and we have developed time to catalog events of experiences. Basically it's like the table of contents and page numbers in your book of life. Let's say, Chapter 11, page 11, is basically 11:11, 60 pages per chapter, and there are 24 chapters in each book which equals one day of your life, and each day you write a new book.

Now with that information you can write whatever you want in your book each day, but you have to work from the previous books to make it all flow into a nice story that makes sense from one point to the next, but keep in mind yesterday's book has absolutely nothing to do with direction you want today's story to take. If your life up to this point has not been exactly as you have hoped, now is your chance to make you, the main character in your book, a hero; a saint, a wealthy tycoon, you name it. It's your book so start actively writing your story.

Write the Story of your life the way you want!

Write your own story of miraculous recovery from poverty to wealth: you can be, do and have whatever you desire; you are the one writing your book of your life and you can write anything you want, anything! What kind of book would you write for your life? Would it be filled with magic? A romance novel? A book of wondrous achievement?

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Go ahead write your story any way you want. After we are done writing the story of our life, it's off to the great bottle of ink in the sky, where all the good little pens go after writing countless volumes of stories. Of course we all know where the bad little pens go.

They go off to the great inferno to be melted down and used as paper weights.

Number one thing about time, lighten up!!!

Soon you will know it's really not as serious as we have all made it out to be, and we are all experts at taking things to seriously.

"There is only one success - To be able to spend your life in your own way." – *Christopher Morley*

Chapter 2 – Beliefs, Helping or Hurting You?

Beliefs About Wealth

This is the biggest step in relaxing into your natural state of being truly wealthy.

Beliefs have everything to do with your life right now. What you experience is determined by your beliefs. Everybody is completely entitled to his or her own beliefs; however, the funny thing is, we have allowed a lot of things to determine what it is that we believe.

"Within you right now is the power to do things you never dreamed possible. This power becomes available to you just as you can change your beliefs." - Maxwell Maltz

Remember, you also have the responsibility to choose what to believe as truth. Just because someone believes something is the truth doesn't mean you have to until you decide what you want to believe. We are constantly bombarded with all kinds of stimuli that affect our beliefs. Start to question every belief you have. Does it serve you? Does it reflect wealthy, healthy, joyful beliefs? Is it fear based? There are so many things we take for granted as truth, that you have to ask yourself... does that belief serve me, or serve my desires? Or does it keep me rooted in the dis-ease of the mind where poverty, lack, and dismay prevail?

You'll truly be surprised at what you can dig up that may be holding you back. I was amazed at just how much I was standing in my own way, and without a doubt you will be amazed to. Once I knew I was the cause, all I had to do was get the hell out of my own way!

Subconscious vs. Conscious Beliefs

Subconscious beliefs can have a major impact on the quality of your life that you are experiencing right now. Since you were born you have been programmed on what to believe. I am going to present you with some techniques that you can use to overcome subconscious limiting beliefs.

Let's take a quick minute to determine your beliefs and how you feel about wealth.

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Start by listing all your feelings and beliefs about wealth. Go ahead! In your mind, on paper, on the wall (Of course if you are at work, that might not be a good idea; your boss might try to steal this book and that might not be good – tell him you will be glad to “give” him his own copy but he can’t have yours.) Just list your beliefs and feelings about wealth so you know what you have to work with.

- How do you feel about wealthy people?
- How do you think truly wealthy people feel about you? (Well that would be obvious; we want you to be truly wealthy too.)
- How do some of those beliefs make you feel? Do they make you feel wealthier?
- Now imagine for a moment, how do wealthy people feel?; what do they think about? What actions do they take?
- Haven't got a clue?

That's ok. I explain it in detail later on, but that's still no excuse for not using your imagination and, at least, trying to imagine how truly wealthy people feel, think and act! Imagination is free. We all have it and we all can use it at any time we see fit. Imagination can never be taken away from you unless you allow it to be taken away.

Practice thinking, feeling and taking action as if you already are wealthy.

Hint: When you are truly wealthy you focus on positive thoughts. You feel positive feelings, you take positive action, and you enjoy life and all it has to offer. You laugh, you cry, you experience fully in each moment and you are grateful for each moment of your life. Yes the bad and the good. It's part of the experience of life and by not fully experiencing your feelings you are not allowing yourself to fully express and feel in each moment. You are in fact missing out on the greater experience of life.

Be constructive, responsible, creative, helpful, relaxed, calm, grateful, loving, joyful, and playful... Be yourself! It may be a bit hard to hold positive thoughts in certain situations, but the key is remembering this too shall pass. Let it go, and move on and just be YOURSELF!

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You must completely infect yourself with wealth; saturate your mind and life with wealthy thoughts, actions and emotions. Get books related to wealth, if not for any other reason than just to have them in your reach. Change your normal routines, get up 5 minutes earlier, or sleep in an extra 10 minutes. Little things like this have a huge impact on your subconscious. Your subconscious is based mainly on your habitual, Thoughts, Actions and Emotions. Once you change up the program, your subconscious has to reassess the situation and rebuild your habits.

“A positive thinker does not refuse to recognise the negative, he refuses to dwell on it. Positive thinking is a form of thought which habitually looks for the best results from the worst conditions. It is possible to look for something to build on; it is possible to expect the best for yourself even when things look bad. And the remarkable fact is that when you seek good you are very likely to find it.” - Norman Vincent Peale

The Fastest Road to Wealth

Now for the Biggy; and this can be worse than taking castor oil or grandma's cure all recipe for colds. How much responsibility can you accept that your life is the way it is because of you. The way you think, the way you feel, The actions you take, what you have been taught, the beliefs you have accepted as truth? It all adds up to where you are now. If you are not where you want to be, it's because you are thinking, feeling and taking action to be where you don't want to be. There is no one to blame. It's like learning to ride a bike, you fall a few times but you can't blame anyone for it, because you're the one who made the choice to get on the bicycle. Falling is part of the learning process, but you pick yourself up, take responsibility, get back on the bicycle and learn to ride it.

The fastest road to being wealthy is accepting 100% responsibility for where your life is now.

Accepting 100% responsibility for you life may be one of the hardest things for you to accept, but it is the undeniable truth of you standing in your own way.

"The block of granite which was an obstacle in the Pathway of the weak, became a stepping-stone in the pathway of the strong " –Thomas Carlyle

Responsibility is the key

Responsibility is the key in expanding your truth that you are in fact the creator of your experience at any given moment. The amount of responsibility that you accept is the exact amount of creation ability that you utilize for your experience.

To be completely responsible for your experience is to know that, without a doubt, the free will that is inherent in the human condition is unconditional.

You are free to do anything, be anything, and believe anything in any way it pleases you. That is your birthright.

"Your Limits are defined by the agreement you made of what's Possible. Change that agreement and you can dissolve All Limits" - *Dr. Wayne Dyer*

With that freedom comes the right to reap the ramifications of all actions, so that you will be able to experience the results of your choices.

You must choose to "feel" wealthy now, and to think wealthy thoughts. You will constantly be tested to remember to choose to feel wealthy now, and to really feel wealthy you must live in wealthy thoughts. Let's say it's hard to actually feel wealthy when there is so much lack and despair around you right now. So, as you look around, you feel despair and you think poverty ridden thoughts based in lack. Is it the environment you are in that made you feel this way? Yes? That's absurd.

You chose to allow yourself to feel and think this way. Do you control your thoughts and feelings or does your environment? You do! You make the choice. Accept your responsibility to choose how you think and how you feel in every moment. Your environment is only showing you exactly how you feel and think to provide contrast so you can exercise choice; the choice of how you want to think and feel in any given situation.

Stop Wasting Time Playing the Blame Game

Stop wasting time blaming others of all the injustices to you and the world. It doesn't do anyone any good and is part of the dis-ease. You are wasting precious time, holding thoughts of blame and victimization. You have a far better use for your time. It's called being responsible for your life and the way it is and to take control right now over YOUR life!

I know it will take time to actually realize the full power of what I have just explained to you, but what have you got to lose accept a lot of useless baggage that doesn't help you in anyway. Just drop the blame game and get on with the real game of life, where the sky's the limit and all you have to do is take responsibility for how far and how high you want to go. Once you take responsibility, you take ownership of your life, and it's that simple. Most of us learned at an early age to play the blame game and give up ownership of our lives. If you ever want to own anything, start by owning your own life by taking responsibility for it.

“People are always blaming circumstances for what they are. I do not believe in circumstances. The people who get on in this world are the people who get up and look for the circumstances they want, and if they cannot find them, make them.” - George Bernard Shaw

The more responsibility you can accept for the condition your life is in the faster you will become truly wealthy.

Forgiveness is part of Accepting Responsibility

Now forgive yourself, for getting all caught up in the blame game and giving up ownership of your life. That may even be harder than accepting responsibility but it must be done. Forgive yourself, forgive everyone, because every thing that you can't forgive is extra baggage and that baggage carries the dis-ease of the mind that manifests itself as poverty and despair. You may even find it is harder to forgive yourself for some of the things you have done, or not done. It's ok, really, let it go. The more responsibility you accept for the condition of your life the more forgiveness you will need to give yourself.

You Are Worthy of Great Wealth

You are worthy, you were born worthy of great wealth, and it is you who denies yourself any enjoyment in any moment. You have the choice in every moment: how to feel, what to think, and who to be. It is your choice! Take responsibility and take ownership for how you choose to feel, think and be in every moment.

It's not easy at first, but with practice you will be the rock that the waves of life crash against. Once you are very good at monitoring your Thoughts, Emotions and Actions, the storm will end and you will enjoy sunny, warm joyful days as your Thoughts, Feelings, and Actions will be your experience.

Monitoring your thoughts is like a great workout because you have to exercise the Joy muscle (No! not that one... go ahead laugh it up fuzball!) by choosing joyful thoughts, feelings and actions over and over until you become strong in being Joyful it becomes habit, which means it becomes subconscious. Being Joyful makes you amazingly attractive and by being attractive you attract more of what you desire. It is Law!

Selfishness Vs. Selflessness

One other major limiting belief I would like to cover is Selfishness VS. Selflessness. To put it simply: you must be selfish enough to want to change, you must be selfish enough to take ownership of your life and the way it is, be selfish enough to take the time to become strong and wealthy to be the best you can be.

Be selfish enough to be You. Not what someone else wants you to be. The only thing you will accomplish by being what someone else wants you to be is great disharmony in your life. Selflessness is bad if you are not strong enough and selfish enough to be yourself. You cannot be selfless and skip a meal to feed another if you have skipped a week of meals by feeding others, soon you will be the one that needs help with that mindset. It is good and noble to be selfless to an extent, but unless you want to be a burden rather than a helper, you must first be selfish enough to take care of you.

Are you selfish enough to feel good?

Nothing matters more than that you feel good. When you *feel good* abundance flows into your life. You must reach the place where you say and feel "Nothing is more important than that I feel good". You must be selfish enough to want to feel good for you and your own well-being. It is a choice that you can make in any moment and until you make the choice you will be at the mercy of a world programming you that you need to have "this" or "that" to feel good. Once you begin to strive to feel good in every moment and you make the choice of how you

want to feel, regardless of your current circumstances, you will begin experience effortless abundance.

No thanks, I think I'll pass

Be selfish enough to skip out on the "My story is worse than your story game". Have you ever noticed how we all like to sit around with friends and family and compete with each other about the bad things that have happened to us? If I had a dollar for every time I joined into the "Victim Game" in the past, I would already be a gazillionaire. How about you?

"I don't know the key to success, but the key to failure is trying to please everybody." - *Bill Cosby*

Next time you are in a situation where you can participate in the "Victim Game," catch yourself. Be selfish enough to tell a story of how something wonderful happened to you. I guarantee that conversation won't last long. It seems not to many of our friends and family are willing to sit and hear about all the good things that have happened to us.

We have allowed ourselves to be programmed that life is hard, full of lack, poverty and dis-ease. And we continually program ourselves with this negativity everyday: by the radio, T.V., friends and family and we spread it around as a disease of the mind.

Why do you think the news focuses on the negative? It's because that's what sells, that's what we listen to and tell others about. The news engages our emotions, (Oh that's so horrible), plays on our empathy and then we call up *so 'n so* and say, "Oh my god did you hear about the *such 'n such* that happened ... it's so horrible." Just like it actually happened to us and is directly related to our experience even though it was miles away, maybe even in another country and happened to somebody you have never even heard of! It's completely absurd.

Then there we are sitting around feeling all horrible about all the terrible things in the world, then come the commercials. Showing us all the things we NEED to have to feel better. It's the job of the marketer to make us feel that we need this thing or that thing to feel complete, to feel good. They convince us that without xyz product we won't be as happy as we could be, we wont get things done easily, that we wont be as beautiful as we could be. The list goes on and on.

**So what do we accomplish by sitting down for hours
a day in front of the TV?**

The only thing that is accomplished is that you allowed yourself to feel bad and then you spread the feeling around to others to your loved ones. What do you call something that spreads infection? A Carrier. Well are you a carrier of the cure or of the dis-ease. Fortunately with this type of dis-ease, it's a dis-ease of the mind and all it takes is a choice to begin to heal.

Let's get one belief straight: it serves no one to allow yourself to feel *negative* to things that don't directly effect you. And even when they do directly affect you, you have a choice of how to feel and what to think. Do you think for one minute that sharing negativity with the situation will help? Or would you, and the situation, be better served by choosing to be positive and working on a positive solution to a positive outcome? Sometimes all that is needed is a smile. You must first be selfish enough to help yourself before you will be strong enough to help others, period!

**Learn to be selfish enough to choose how you
want to feel in each moment!**

Never Ever FORGET,

You are worthy of Great Wealth, ***believe it, Know it.*** Because you are already well on your way to being wealthy or you wouldn't even be reading this.

I have complete confidence in you and I have complete confidence in this book, this experience to bring about the experience that this world so desperately needs: the beginning of the end of poverty, hopelessness, sickness and despair. You have right now every thing you need to live the life of your dreams and it is up to you.

You are responsible for your life right now, everything you think, feel, and do must be focused on being Healthy and Wealthy. Forgive yourself and the past, let it go; the only thing you can change is right now.

Through right thoughts, feelings, and actions you will be helping to change the world by living a life you deserve to live, to have, to be and to do anything you desire.

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Here is a good quote that sums up how you should feel about selfishness and worthiness.

If the idea of God bothers you substitute it for whatever you want: Source, The Universe, Higher Self, All that is, The BIG ink pen, you get the picture

“Our deepest fear is not that we are inadequate.
Our deepest fear is that we are powerful beyond measure.
It is our Light, not our Darkness, that most frightens us.

We ask ourselves, who am I to be brilliant, gorgeous, talented, fabulous?

Actually, who are you NOT to be?

You are a child of God. Your playing small does not serve the World. There is nothing enlightened about shrinking so that other people won't feel insecure around you.

We were born to make manifest the glory of God that is within us.

It is not just in some of us; it is in everyone. As we let our own Light shine, we unconsciously give other people permission to do the same.

As we are liberated from our own fear, our presence automatically liberates others.”

–*Marianne Williamson* / "A Course in Miracles"

Chapter 3 The Time for Wealth is Now

Tools of the wealthy

There are 3 basic Keys to attaining anything you desire.

- **Thoughts**
- **Emotions/Feelings**
- **Actions**

The right use and combination of these three keys will take you wherever you want to go, and you have each of them at your disposal right now. You were born with the keys to do, be, go, and have whatever you desire in your life. Just think "T.E.A time" to help you remember.

Thoughts are like electricity, and emotions are like magnetic force they work together both simultaneously, if you choose to think happy thoughts then it is easier to feel happy, and if feel happy it is only natural you will think happy thoughts. When you feel happy and joyous you take inspired action to achieve your goals.

- **Thoughts**, you have the ability to control them.
- **Emotions**, you have the ability to control them.
- **Actions**, you have the ability to control them.

Once YOU are in control of you thoughts, feeling and actions, **you are wealthy.** Do you see how you are wealthy right now? It's a choice! And it's completely up to you to what degree of wealth you want to experience.

Start Programming Yourself to Become Wealthier Every Moment

Start using simple shapes and colors to help remind you of a few things. From now on every time you see a circle, think I am infected with wealth, joy, love, abundance and gratitude.

- **Circle = "I am wealthy and abundant"**

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A circle is a great example of abundance, of complete and total infection of abundance. A circle is a great symbol of Power, wholeness, strength, harmony. You see circles everywhere. Did you ever notice that if you try not to see a circle, then you begin to see them everywhere? The harder you try not to see a circle the more you will find, and now every time you see a circle you will be reminded it is a great and wonderful symbol and will remind you of abundance. It will remind you to say to yourself "I am whole, perfect, strong, powerful, loving, harmonious and happy".

The circle will remind you to think abundant thoughts. You will constantly be reminded of abundance – this book, this experience – and you will begin to accept and expect the effortless experience of true wealth and abundance as part of your life. It is for the highest and greatest good of all. There is no other way. You are in the circle of true wealth.

Remember: "I am whole, perfect, strong, powerful, loving, harmonious and happy"

Commit this affirmation to memory, repeat, and write it often throughout the day.

Every time you see a triangle focus on the three keys: Thought, Emotion, Action. Thoughts, Feelings, and Actions are the keys to great wealth and, if used properly, are like the great pyramids – they will be strong and stand the test of time.

- **Triangle = T.E.A (Thoughts, Emotions and Actions)**

When you see a square or rectangle, think of focused thoughts, feelings and actions. A square is a simple example of building – creating four lines put together form a square. Think wealth. Wealth is building, creating, choosing, always. When you see the square, think ownership, responsibility for your life and your creations.

- **Square/Rectangle = Ownership, Responsibility, Creation!**

Have fun with this exercise; invent your own way to associate shapes to positive results.

Use Colors to Program your Mind for Wealth

You can use colors to help remind you of true wealth building thoughts, emotions and actions.

**One very good way to remember something is trying to forget it.
Funny how that works.**

From this moment on, every time you see these colors remember...they are to remind you of true wealth.

- Green: think abundance, always having enough. Green is everywhere, green is calming and relaxing, abundance is green.
- Blue: equals responsibility; every time you see blue you will remember to take responsibility for your Thoughts, Feelings and Actions.
- Light Blue: the color of the sunny sky, blue sky's. Think forgiveness, forgive yourself, forgive others, forgive yourself for anything and everything, from this point on light blue means forgiveness.
- Orange: will remind you of health. To think healthy thoughts, to feel healthy, to make all your actions healthy.
- Yellow: a great color for energy. You are full of energy. Every time you see yellow you will be reminded to be energized, to think, feel, and be energized.
- Red: reminds us of strength, passion, fullness, desire, power, attraction – be strongly passionate about being wealthy.
- Pink: is Love. Love yourself, learn to love everything around you. You are full of love because you are wealthy and abundance is everywhere. Don't over complicate it. Love is not something you own; it just is! You can't set conditions to be loving, you must be unconditional love. Love is like the sun's warm rays that all the flowers, plants and trees reach for, the birds sing for, Love is what makes you and forces you to grow. Just accept love, receive love, give love. If you find it hard to love in any moment, remember light blue: forgiveness! Forgive yourself for finding it hard to love; now choose your thoughts, feelings and actions to be that of love. Be grateful! Love and

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gratitude go hand in hand and by being grateful you will experience more joy and love in your life.

- Purple: is healing in everything. Healing your body, mind and spirit. Purple is wisdom. Every time you see purple remind yourself to think, feel and act wisely and by being wise and thinking purple you will remind yourself to heal.

Colors to Remember

- **Green = Abundance**
- **Blue = Responsibility**
- **Light Blue = Forgiveness**
- **Orange = Healthy**
- **Yellow = Energy**
- **Red = Strength**
- **Pink = Love/Gratitude**
- **Purple = Healing**

The Power of a Stop Sign

Every time you see a stop sign. Stop, check and see what you were thinking about. Was it lofty wealthy thoughts? If not, start thinking loftier, happy, prosperous thoughts. Stop signs and stop lights are red. Red reminds us to be Strong and Passionate about being wealthy. Every time you see a door knob, it's a circle. Remind yourself you are stepping though the door to abundance.. a cup or glass is a circle. Think abundance, gratitude. Abundance and gratitude go hand in hand. It's like white on rice; they go together, like cause and effect, or thought and emotion, electricity and magnetism. They coexist and complement together as one.

Visualization – or as we used to call it when we were kids "pre-tending".

(By the way, it may just be one of the best kept secrets of all time, but all truly wealthy people pre-tend. To put into practice the art of pre-experiencing our desires – pre-tending to the field of creation – is part of being wealthy now, in this moment!)

Visualization is the key to directing your thoughts and feelings on a conscious level and is a perfect form of un-impeded action.

When you visualize what you desire, don't hold back, spare no expense. Your imagination is infinitely wealthy. The only limits to your imagination are the ones

you impose. Visualize every detail. The colors, the texture, the sounds, the smells. Imagine with all your senses; imagine how good it makes you feel.

When you think of anything you want, why do you want it? You want it... ultimately because of the way it makes you feel. You are basically trading your Thoughts, Feelings and Actions for an experience of a feeling, and you first imagined how it would make you feel, right? You imagined what you could do, how it would make you feel and think, which caused a feeling of relief, of being content.

You can have, right now, everything you desire. You can think anything you want; feel any way you want to feel, this very moment, if you just imagine. When you think and feel what its like to have what you desire, and you hold those thoughts and those feelings, you are taking action to magnetize yourself to bring about the circumstances that will allow you to experience the things you desire in reality.

It's called the Law of Attraction and it works whether you believe in it or not. It is working for you right now. You wanted more out of life, you wanted a change to your current situation and you in fact held the necessary thoughts and feelings in your imagination and you took action, by allowing this book into your life. It is perfectly on time. You are ready to move forward, to be part of something amazing. Think of it... A pandemic of wealth! You are in the **circle** of true wealth.

Putting Visualization into Practice, and Increasing Your Visualizing Skills.

You must make the time to be by yourself, at least 20 minutes a day to visualize the life you want to live. Visualizing is different for everyone, but basically you are imagining how you would feel and think by having your desire. By doing this simple exercise of visualizing with unbridled passion, and unlimited imagination, you are magnetizing yourself for the experience you desire. **IT IS LAW;** it is a universal law, above mans laws, it cannot be denied.

“The Dreamers are the builders of the universe, the builders of the world in which we live. The Dreamers have the courage, the passion, the strength, the love and the vision; to dare to go where no one has gone before. The Dreamers blaze the trail forward and the world follows in their wake.” - **Jody Sachse**

Your reality right now is a direct result of your thoughts, feelings and actions.

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Wealthy people don't think about not having enough money, time, food, lack of any kind. They think about what they can have, be and do. Period.

Is it all starting to make sense – how truly wealthy you are right now? You see if you really knew what it is that you truly desire, and see it as something that is not separate from your experience – that the only thing keeping you from the experience you desire is you – the choice is totally yours. It's up to you to begin the journey of getting out of your own way.

Meditation is Essential

There is one practice that the truly wealthy do very often and that is meditation. Meditation helps you to get back to your center, to clear your inner world of clutter. By taking the time to meditate you are telling the world that you are in control of your life. Meditation is not very hard; basically you just need to find a nice quiet space to relax and let go so you can tap into your source, your true self.

I have created many resources to help you to meditate at www.harmonicascension.com. When you become a member, you'll learn secrets to help you meditate like a Zen Monk in a very short amount of time.

Chapter 4 – The Art of Allowing

Start practicing the art of allowing everyday

Once you are aware of your beliefs and aware of the conflicting beliefs that are keeping you from your desire, you will be able to identify exactly what is keeping you from allowing your desires into your life

“I must work hard to get ahead.” Is that an allowing belief? Is it an undisputable fact? I don't know any wealthy people that worked extra hard and long hours digging a ditch that became wealthy by working harder.

Whatever we think about gets empowered. What you focus on is what you experience.

To allow we must be in a receptive place; open, relaxed and unattached. This is what allows what we desire. Detach yourself from the outcome. No matter what happens it was meant to happen. Each moment in our life carries a lesson of how to be more allowing.

By detaching yourself from the outcome you practicing the art of allowing, and make no mistake the art of allowing is an art form, and must be practiced diligently to become an expert.

The Art of Gratitude

Learning to be grateful for everything you have right now, and I mean everything, is the secret key to turning you into a super magnet to your desires. Learn to be grateful for all the good things and all the bad things.

By just being grateful for the simple things in your life – like the air you breathe and the water you drink – changes your entire vibration and the environment around you. Be grateful for the bad things in your life. They are trying to teach you a lesson on what you need to change to help you feel good, to feel joyous in each moment. Just try it! Be grateful for your misfortune and you will see just how fast it will change to a more positive experience. Meditate on gratitude everyday. It is a very powerful way to experience the art of allowing.

A Few Words of Caution –

Of course we are not talking about quitting your job and just sitting on your ass waiting for financial prosperity to knock on your door. Would you be sitting on your ass doing nothing if you were wealthy? No! You would be dreaming of new things to do. Lack is what causes laziness. When you have the means to do anything you want, at any time at your disposal, it's amazing what you will be doing. You must start to think, feel, and act like a truly wealthy person.

The Art of Allowing has nothing to do with being lazy. By practicing the art of allowing you are taking inspired action.

You must also avoid becoming attached and hoarding the things that show up in your life. If you are holding onto something, your hands are full and you are not open to receiving more. By letting go of your need to be, do, and have anything, you are opening yourself up to allowing abundance in your life. Detachment from your outcome shows confidence that you are in fact worthy of anything you desire.

The Art of Allowing is simply a state of being – a frequency of gratitude that you project into the world that says I am ready, I am abundant, all of my needs are always and effortlessly met.

You are, right now, becoming a magnetic positive being and allowing your natural state of abundance become your chosen reality. Even just reading this book is altering you right now in more positive ways than you may be currently aware of!

Just allow it to happen it is for your greatest good and the greatest good for all of us.

Chapter 5 –The Universal Laws

What are the Universal Laws?

The Universal Laws are all inter-related and are founded on the understanding that everything in the universe is energy, including us, and that energy moves in a circular fashion. At the microscopic level, we are a whirling mass of electrons and energy atoms spinning rapidly. In fact, everything in the world is comprised of energy and we are intimately connected with this sea of energy, this sea of whirling electrons.

Our thoughts, feelings, and actions are all forms of energy – a frequency of energy. What we think, feel, and do in each moment comes back to us to create our realities. Energy moves in a circle. So, what goes around comes around. (There's that **circle** again) The combined thoughts, feelings, and actions of everyone on the planet creates our collective consciousness. It creates the world we see before us.

Because our thoughts, feelings, actions create the world around us, we have the power to create a world of peace, harmony and abundance. In order to do this, it is essential that we learn to control our thoughts, emotions and actions, our frequency. A good understanding of the Universals Laws is a must for learning to create the life you desire.

1. The Law of Divine Oneness:

The Law of Divine Oneness helps us to understand that we live in a world where everything is connected to everything else. Everything we do, think, feel and believe affects others and the universe around us.

2. The Law of Vibration or Frequency:

This Universal Law states that everything in the Universe moves, vibrates, and travels in circular patterns. (Circles, they really are everywhere!) The same principles of vibration in the physical world apply to our thoughts, feelings, actions, and our desires, and wills it in the Etheric world. Everything – sound, smell, light, you, me; everything including thought – has its own vibrational frequency, unique unto itself.

Everything is Frequency!

3. The Law of Action:

The Law of Action must be applied in order for us to manifest our desires into our experience. Therefore, we must engage in actions that support our thoughts, emotions and desires.

4. The Law of Correspondence:

This Universal Law states that the principles or laws of physics that explain the physical world – energy, Light, vibration, and motion – have their corresponding principles in the etheric or universe. The inner determines the outer. Or, as some like to say, “As above, so below.”

5. The Law of Cause and Effect:

This Universal Law states that nothing happens by chance or outside the Universal Laws. Every action has a reaction or consequence and we “reap what we have sown.”

6. The Law of Reciprocation.

If it is something you desire, give it away. It's been told to us for ages you get what you give; what are you giving now? By giving this book away in your first action step you practiced the law of reciprocation. And what is that you gave away so freely? Wealth! You could have just given somebody a million dollars and it still wouldn't have been as powerful as giving this book away. Like the old saying goes: if you give a man a fish, you feed him for a day, if you teach a man to fish you feed him for a lifetime. So basically you have taken action and freely given away a lifetime of wealth, and what you give comes back to you. It is law!

"It is one of the most beautiful compensations of this life that no man can sincerely try to help another without helping himself." –*Ralph Waldo Emerson*

7. The Law of Reciprocity:

A reciprocal condition or relationship. This law states that there is a mutual or cooperative interchange of favors or privileges. In the act of giving, for it to be complete, there must be a receiver. It creates a circular flow where one is both giving and receiving. (there's that circle again)

8. The Law of Compensation:

This Universal Law is the Law of Cause and Effect applied to blessings and abundance that are provided for us. The visible effects of our deeds are given to us in gifts, money, inheritances, friendships, and blessings.

9. The Law of Attraction:

This Universal Law demonstrates how we create the things, events, and people that come into our lives. Our thoughts, feelings, and actions produce energies or frequencies which, in turn, attract like energies or frequencies. Negative energies attract negative energies and positive energies attract positive energies. That which is like itself unto it is drawn. It's all about frequency.

10. The Law of Expectation:

Energy follows thought. We move toward, but not beyond, what we can imagine. What we assume, expect, or believe, colors and creates our experience. By changing our expectations, we change our experience of every aspect of life.

11. The Law of Faith:

The Law of Faith is founded upon the recognition that we know more than we have read, heard, or studied. We Know more because we Are a part of the ALL. We have a direct link to universal wisdom. We only have to look within, listen, discern, then trust. We need to develop more trust in our own deepest intuition and wisdom as the final arbiter and source of our decisions.

12. The Law of Perpetual Transmutation of Energy:

This Universal Law states that all persons have within them the power to change the conditions in their lives. Higher vibrational frequencies consume and transform lower ones; thus, each of us can change the energies or

frequency in our lives by understanding the Universal Laws and applying the principles in such a way as to effect change.

13. *The Law of Relativity:*

This Universal Law states that each person will receive a series of problems (Tests of Initiation) for the purpose of strengthening the Light within. We must consider each of these tests to be a challenge and remain connected to our hearts when proceeding to solve the problems. This law also teaches us to compare our problems to others' problems and put everything into its proper perspective. No matter how bad we perceive our situation to be, there is always someone who is in a worse position. It is all relative.

14. *The Law of Polarity:*

This Universal Law states that everything is on a continuum and has an opposite frequency. We can suppress and transform undesirable thoughts and frequencies by concentrating on the opposite pole. It is the law of mental vibrations.

15. *The Law of Rhythm:*

This Universal Law states that everything vibrates and moves to certain rhythms. These rhythms establish seasons, cycles, stages of development, and patterns. Each cycle reflects the regularity of God's universe. Masters know how to rise above negative parts of a cycle by never getting too excited or allowing negative things to penetrate their consciousness.

16. *The Law of Gender:*

This Universal Law states that everything has its masculine (yang) and feminine (yin) principles and that these are the basis for all creation. The spiritual Initiate must balance the masculine and feminine energies within herself or himself to become a Master and a true co-creator with the original creator.

17. *The Law of Forgiveness:*

This law works with the energy or frequency of allowingness and seeing all as love so one may dispense with the unnatural feeling of getting even. The old energy of an *eye for an eye* keeps the vibrational frequency of a person very low. To forgive, to release old anger, allows the law of grace to intercede and

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dispense with amounts of karma an individual has stored in his or her akasha. Non-violence is the natural outgrowth of the law of forgiveness and love. All good comes from forgiveness. It is a truth that the continuation of the human species is due to man's being forgiving. Forgiveness is holiness. By forgiveness the universe is held together. Forgiveness is the might of the mighty; forgiveness is quiet of mind. Forgiveness and gentleness are the qualities of the self-possessed, and represent eternal virtue and strength.

18. *The Law of Free Will, or the Law of Choice:*

We in third dimension have the right to expand or contract, to bring our creative and expressive energy frequencies out into the world in positive or negative ways. This is our ultimate decision. Not all of existence lives with this law as it carries with it both the possibility of great soul growth and the ability to loose soul growth and create evil or negativity. No matter what our circumstances, we have the power to choose our direction. We also choose to be under the influence of others or choose to be an example for others. We do it with a hundred actions which lead to the circumstances we find ourselves in today. Thoughts are things and the mind is the builder. The Free Will we use to create mixes with our ability to love profoundly, and therefore this path reflects the duration of the time spent in attempting to merge with the Great Soul of all Creation.

The Christ warned of that which could destroy the soul (not Spirit) so there is always a possibility that a soul entity on its journey could become a God-hater with diminished light and be absorbed back into the Spirit of God to become just spirit and no longer a soul with separate awareness. A goal of our higher selves is to voluntarily and willingly surrender our egos to be a perfected spirit, hanging up the Soul-Overcoat of manifestation regardless of how many lifetimes it takes.

Sub-Laws

There are more universal laws. These are just some of the important ones that you need to learn to work with. There are also 21 sub-laws that I currently know of. They are actually human characteristics that relate to the Universal Laws.

These characteristics are: Aspiration to A Higher Power, Charity, Compassion, Courage, Dedication, Faith, Forgiveness, Generosity, Grace, Honesty, Hope, Joy, Kindness, Leadership, Noninterference, Patience, Praise, Responsibility, Self-Love, Thankfulness, and Unconditional Love. Covering all these laws is beyond the scope of this book and can be learned by practicing right use of the above universal laws.

Chapter 6 – Mastering Wealth

Practical Application of Universal Laws

By learning the Universal Laws that pertain to great wealth, you will now need to learn the practical application of such laws.

Practical application of the universal laws begin with your thoughts. Your thoughts determine your emotions and actions.

By learning to master your thoughts and use them in conjunction with the universal laws, you will learn the art of manifestation. Manifestation is a very easy and natural process and is already working perfectly in your life right now. It is not a process that needs fixing. Just understanding what *it is* and how it works will be enough to turn you into a master of your own life and experiences.

You are already a master manifestor at the soul level but you must also become a master of manifestation at the physical level. Part of becoming a master is by learning, understanding and applying the universal laws to everything. The universal laws are always at work and can be seen and explained in everything. You must meditate on how the universal laws are at work in everything. A rock is a good example.

Once you can understand how all of the universal laws are at work or can be activated and used within a rock you will, without a doubt, have become a master of the universal laws. Some things cannot be explained...they just simply have to be experienced.

Remember everything is energy and everything vibrates to a certain frequency. Frequency is Everything. All frequencies co-exist to make up the entire Universe. The Universe is the song that is the expression of all the frequencies in infinity. The Universal song is the expression of infinite creation and experience.

Manifesting your desires is a very natural process

Manifesting your desires is a very natural process that can get very complicated, very quickly, if you force the process. Being attached to a certain outcome is one of the quickest roads to disappointment. You must be open to the possibility that there is a greater intelligence in you that will create circumstances to help you better learn how to use your power of manifestation and in getting clear with your intent.

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When one is focused upon material gain, as an end in itself, the outcome is constricted by the foundation of fear upon which scarcity is based. When one is focused upon selfless service to the higher good of All Life, without fear for one's own well-being, the highest result is manifested for all.

You do not need to be any less prosperous in making such a shift. For the key to sustaining the manifestation of abundance, under conditions where the idea of personal prosperity is irrelevant, is the subtle shift in where one chooses to focus one's intent.

Live your highest purpose in each moment.

People who choose to dedicate their lives to humanity or through restoring the harmony of the environment are not required to choose poverty as a demonstration of that selflessness. Circumstances will manifest quite naturally that would ensure the physical comforts of those in question when one is aligned with one's own highest purpose.

You can help restore harmony to your environment starting today by raising your frequency. I have created several tools at www.HarmonicAscension.com that will raise and balance your frequency which will in turn harmonize and balance your environment. We are merely highly advanced frequency generators and by using certain **tools** it is possible to begin to generate harmonious frequencies almost instantaneously.

When you are living your highest purpose and experiencing life in all of its wonders and abundance you automatically give others the confidence and permission to do the same, which is the greatest result for all.

You are not here as a statement of separation from life, but as a materialized statement of unification with it.

You are a powerful creator

Manifesting is not about proving to yourself that you are a creator. There is no need to prove something that you already are. Manifesting your desires is natural, as natural as breathing.

Begin to actively use your imagination to create from formless energy, create and mold your creation from pure energy as a sculptor would create a sculpture out of clay.

“Imagination is the movement of the universal mind within you. Your imagination creates the inner picture that allows you to participate in the act of creation. It’s the invisible connecting link to manifesting your own destiny.” – *Dr. Wayne Dyer*

Desire: you breathe out; Creation: you breathe in. Your first moment was enjoying your creation of embodiment, your first breath in.

Intent is the focus of vibrational frequency or thought to create anything you want in Life. Intent is desire in pure form.

The Keys to Manifest Naturally in 2 easy steps

1. Focus your intent, breath out.
2. Creation, breathe in and enjoy your manifested desire.

Example: your body desires oxygen, so you breathe out to make room for the oxygen, then you breathe in, and your body enjoys the experience of the new oxygen and when it wants more new oxygen you simply breathe out to make room for more expecting that again your desire for air will be fulfilled.

Transformation need not take years or digging for clues in the subconscious for past karma or blockages or unknown barriers. Set your intent to be that of what you desire, knowing that you have always been whole and complete! Remove from your mind the concept of linear earthly time. Be timeless and you will know that all is known and all is perfect.

The Breath IS Life.

Enjoy each moment naturally as you breathe in and out and know that you are the Alpha and the Omega; the beginning and end. You are the equation of all possibilities in everything, everywhere!

- 1. Breathe in, expand Your Universe.**
- 2. Breathe out, expand The Universe.**

Discover your true potential.

We have been taught by a society that has learned and, in turn, teaches the path of constriction of lack. That is why you (your higher being) have chosen to create barriers that frustrate and infuriate you as a motivation for you to learn what it is that you are not: Limited. You have created barriers in your life to discover your true potential and to remove those barriers that stifle the very essence of that which you are: Limitless!

The very fact that you are reading these words is a testament to your relentless pursuit of the beliefs you have consistently questioned and tested so that you may find your own truth. There is only one truth - your truth - and in knowing that you come to realize that you must allow all others to live their own truth. Shine by the example of living your own truth, not by trying to convince others of your truth.

Your reality is limitless!

Once responsibility is realized to its fullest ramifications then the limits you have in creating your desires are completely up to your level of acceptance of what you can create.

When you permit yourself the luxury of openly, unabashedly, fantasizing about what it is you truly yearn for, and dream of, you set into motion the energetic parameters for manifesting your heart's desire.

Until you give free expression to the limitless vision you keep under wraps, you cannot, by definition, create it into your reality.

You are worthy and you will always be worthy

Why am I bringing up the subject of worthiness again? Because, it took years of programming and repetition to convince you that you were not worthy in the first place. So with repetition, and keen awareness, you will overcome this obstacle.

When you operate your life from the mindset of the unworthiness to have your heart's desire, when you dare not ask for what you truly want out of fear of disappointment. That disappointment is virtually guaranteed!

You must know that you are already whole; that you are in fact worthy of anything you desire.

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Would you, on a hot day, think of treating yourself to an ice-cream cone then go out and buy yourself an ice cream cone? Then, in fear of disappointment or lack of worthiness, decide not to even taste it? Would you just let it melt away? Something that your heart desired, you paid for, only to in fact taste the disappointment that you were afraid of by not allowing yourself to taste the ice-cream? Robbing yourself from true experience.

Do you see how it works?

The moment you imagined what it would be like to have your desire, you have in essence already paid for it. You already expended the energy required to create it. The seed was planted. Now nurture it, protect it, give it love, allow it to grow into your reality so that you may enjoy it. Never for one second allow yourself to believe that you don't deserve it or how it happens to manifest into your life. Just know that's it's a natural occurrence.

You do deserve it and you are worthy or you wouldn't have desired it in the first place. Sometimes depending on the clarity of your intent and how open you are, you may even receive something far better.

If you dare to envision yourself in circumstances where your deepest most heartfelt longings were manifested, without reservation and compromise, you might begin to experience the radical shift in the circumstances of your life that would provide you with the very evidence that you are looking for that you do indeed create your life.

**I dare you... No, I double dog dare you
to begin live the life of your dreams!**

Twenty years from now you will be more disappointed by the things you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds, in your sails. Explore. Dream. Discover. – **Mark Twain.**

Let go of limitation based thinking.

If you dared to risk letting go of your limitation-based thinking that keeps you anchored in the experience of disappointment in the areas that matters most to you, you might experience the shift from those patterns.

Accept the full responsibility that you are in fact the creator of your experience. For just a moment toy with the thought and you will realize that manifesting your desires are as natural as breathing and you are responsible for all of it.

Allow yourself to be your highest purpose; there is no need to struggle to attain your highest purpose you are already living it every moment whether your realize it or not.

**Breathe Naturally and Manifest Your Life,
the Life you Deserve to Live, Yours!**

Chapter 7 - Passion is Your Purpose

Your purpose in life is to live your Passion

What is your passion?

What is it that you can do that makes you feel great joy? Do that, do what makes your heart sing and you will know your purpose. Once you know your passion and your purpose life reality will begin to align itself to your purpose. You will know your true purpose and passion when you know that it is for the greatest good of all involved. You will know it as your own unique contribution to the well being of all humanity, and you learn that by being your true self.

“A Purpose is always more compelling than a goal.
When you keep your higher purpose in mind, you will
choose an ideal that is worthy of you. When you choose an
ideal that is worthy of you, you become passionate
about your life. When you are passionate about your life
you magnetize everything you need to
live your life on purpose!” – *Jody Sachse*

Remember back when I asked you if you had done it all? What would you do next? Well that is part of the path to finding the true you, your true passion. Once you get all of your programmed desires and all of your limited ego based desires out of the way you will discover your true song, your soul's song and the reason you are here.

The answer is simple: Live your highest purpose in each moment, to be focused on the higher good for ALL life, without fear for one's own well-being, the highest result will be manifested for ALL.

Discover Your Purpose

Once you discover your source, your true Self, life will truly be a wondrous joyful experience.

Discovering your purpose can be a tough adventure for some. We invent all types of purposes for our life. What we think is our purpose may take on many different forms and change frequently. Once you know your purpose, you are living it in each moment and you didn't even know you found it. Because you were living your life with passion and you have no reason to question if it is your purpose you just simply know it.

Your purpose can be simply summed up to: *Life is a Journey* and it is your purpose to fully experience it and engage it and contribute with your unique perspective.

What are you Tolerating

Another good way to uncover more passion in your life is to uncover all the things in your life that you are tolerating. By being aware of all the things in your life that you are tolerating you begin to understand things that you may not have to tolerate, things that you were unaware of that are keeping you from being truly passionate about your life.

Tolerating things is like making excuses for the way things are and that you just don't feel like dealing with them right now so you tolerate them. Little annoyances that you put up with are things you are tolerating. Make a list, go all out.

Health and Well-Being

Health and Well-Being are very important to helping you experience more joy and more passion in your life. If your body feels good, it tells you it's feeling good and when your body feels good you have good emotions, you think good thoughts.

There are some simple remedies that can help you to feel better immediately.

- 1. Drink Plenty of Water**
- 2. Take Vitamins**
- 3. Get Plenty of Rest**

One of the main problems with people feeling unhealthy is lack of hydration. Your body needs the proper amount of water to function at optimum levels. Drink a full glass of water right now and you will see that within 20 minutes you will feel a bit better than you had 20 minutes ago. It's a fact. Of course, not all water is good for you but if you hold the intention that the water you are drinking is healing, it will be.

Scientists are just beginning to discover that frequencies can be impressed upon water and be a carrier of that frequency. Dr. Emoto has done several experiments with our intentions impressed upon water and has had amazing results. If you would like to learn more point your browser to hado.net and discover for yourself something truly amazing.

The Great Wealth Pandemic

Another quick way to feel better is go out and get yourself some vitamins, or an energy drink. You will soon see that when your body has what it needs you will be able to experience higher and more frequent levels of happiness and joy.

Make sure to get plenty of rest. If your body doesn't get the rest it needs then you will feel stressed out; things will tend to get on your nerves more often. If your body doesn't get the rest it needs by your choice it will make the choice for you by breaking down and getting sick.

Then you have to rest to get better. Your body is very intelligent and every single cell and atom of your body is in constant communication with itself. Begin to love and treat your body with respect, it's yours it's the only one you get this lifetime and it's up to you to care for it love it and respect it.

Chapter 8 - The Law of True Wealth

1. The Law of True Wealth

The Law of true wealth states that if you live in harmony and act within the universal laws that you will live a life filled with wealth.

The law of true wealth is that you are never separate of true wealth; you only have to *choose* to be that which you already are, wealthy.

2. The Law of The Great Wealth Pandemic

This law states that the more wealth you give away the wealthier you will be. You become part of the Great Wealth Pandemic. It is Law.

By now you surely must understand why I told you to give away this book in the very beginning and if you haven't done so already, you should be convinced by now that this book is wealth itself.

This book is priceless. Why do I say that? Because, I know what works. I have used these techniques and keys and I still do. That is how I became wealthier. When you are wealthy and have all you could desire you are now at a point where you can give freely because you know what you give comes back to you.

Not only am I providing a cure for poverty, lack, despair and limitation, I am also giving it away freely and my intention is if I can make the world a better, more beautiful, place to live in, by helping anyone and everyone become wealthy, I will be creating a wealthier life for myself and for everyone.

I know that we are all in this together, and I am accepting 100% responsibility for my life and I intend to constantly improve my life. Once I learned how to cure the dis-ease's of my mind, that was focused on poverty, lack and limitation, I began to cure myself by becoming wealthy, thinking wealthy thoughts, feeling wealthy and taking action as though I was already wealthy. I started writing the story of my life to be that of infinite wealth where everything I think, feel and do is wealthy.

Our lives are full of abundance. Once we realize that it is our thoughts, feelings and actions that in fact create the reality we were experiencing, we tap into the wealthiest source there is: we tap into ourselves, our imaginations, we take ownership of our lives and begin to choose what we want to think, feel and do. When it becomes a habit to consistently choose our thoughts, feelings and actions our inner world becomes the outer world; now it is just a matter of allowing

whatever we desire into our lives. It will become natural to experience and expect effortless abundance and living a life of true wealth.

The Truly Wealthy Know

The truly wealthy also know that whatever you do for the highest good of the greatest number, it puts to work several universal laws and multiplies everything in your life. If you have nothing to give but your smile, that is a start. Do that and soon you will have more to give because you will receive more smiles, smile at the right person, and they may just be, do or have what you need most. By exercising faith and choosing to be Grateful now you become a super magnet, you become undeniably attractive to your desires. Things will seem to show up in your life as if it were magic.

“Amazing things happen every moment. The trick is learning to recognize them. Be Amazed!” – ***Jody Sachse***

If you begin to look only for the amazing wonderful things in life, then soon that is all you will see. What you focus on is what you are. Focus on wealth, see it everywhere. Nature is the most perfect example. The leaves on a tree, the blades of grass, the grains of sand, the colors, the smells, the sights. Everywhere! Its all about the way you look at everything. Be Amazed. Be abundant; be wealthy now in this moment, you have all the tools you need already. This is merely a beginners manual – Volume One – on how to use these tools.

"Anyone who lives within - his means suffers from a lack of imagination." –***Lionel Stander***

It is Very Important to Have Fun!

In Closing I want to remind you to Have Fun! What is it that truly wealthy are very good at?

Having fun.

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Learn to live fully, being your true self in each moment and practice having fun in some way in each moment. **There is no rush.** You are never going to get it all done. Relax, have fun.

Life is all about the journey. And, since it's a journey, you better make up your mind now if you want to have a good time or a bad time. By learning what it is that we don't want, it sure makes it easy to figure out what we do want, right?

"What a great loss it is to the world when one removes the childlike wonderment from their hearts and begins to look upon this earth as a burden." – Dan Mitchell

Once you figure out what you do want, accept that you can have it by using the three keys (T.E.A) in the proper way. Just think... **"It's T.E.A time"** to help you remember.

Expect Wealth and accept nothing less than being wealthy in thoughts, emotions and actions.

Sometimes old habits are hard to break. The good news is newer healthier and wealthier habits are easier to pick up and keep.

If you consistently and constantly think inspired thoughts, you will feel inspired. Your every action will be some inspired action. You are living a life of inspiration every moment.

"You can be what you will to be" – Charles Hannel

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Remember: Wealthy Thought's, Wealthy Feelings, And Wealthy Actions. It is for the greatest and highest good of all. There is no other way.

Thank you for infecting yourself with **The Great Wealth Pandemic**. I look forward to you living a life only you could dream of.

This life is yours. Take it by the reigns and begin to live it fully, a life without limits.

“Dreams are made real through actions; take action live your dream”

(Don't forget, give this book away, help spread the infection of The Great Wealth Pandemic)

Harmonically Yours,



Mr. Jody Sachse
Founder
Harmonic Ascension LLC
www.harmonicascension.com

P.S. Before You Go

Some suggested reading and resources before you go.

Books and E-Books

Ask and it is Given – Jerry and Ester Hicks
The Power of Intention – Dr. Wayne Dyer
Practical Spirituality – James Ray
The Manifesting Mindset – Barry Goss
Meditation – Osho
Manifesting Vibrations – Jafree Ozwald
Divine Magic – Doreen Virtue
Stillness Speaks – Eckhart Tolle
Bringers of the Dawn – Barbara Marciniak
Infinite Self – Stuart Wilde
Our Ultimate Reality – Adrain Cooper
The Vibrational Universe – Kenneth James Michael MacLean

Those are just a few titles to keep you busy for awhile and you can find out more about them at www.harmonicascension.com

Movies to Watch

The Secret – whatisthesecond.tv
What the Bleep do we know – whatthebleep.com

I have many more resources in the members section at www.harmonicascension.com for you, so come and join in membership is free.

- Discuss The Great Wealth Pandemic in our forums
- Download some of the Greatest self-help books of all time in our resources section
- Listen online to our mind enhancing meditational brainwave entrainments, they will change your frequency in a matter of minutes.
- Discussion Forums on a wide range of self improvement topics
- Community of like minded individuals focused on improvement
- New Material is being added all the time.

So don't hesitate just point your browser to www.harmonicascension.com and together we will all begin to truly live the life dreams are made of!